From the Editor's Desk

Christmas Celebration in the Family

Christmas is a feast of great joy. From sunrise to sunset the whole of creation celebrates, we celebrate the joy of God's birth in our midst. There is no other day in the Christian calendar that evokes more memories and expectations than Christmas. It seems to capture our imagination and hold our spirits in thrall as no other holiday season can. It speaks to us of innocence, of hope, of togetherness. The beginning of life always holds a certain feeling of joy in the family which calls for a great celebration, sharing of peace and joy and happiness to everyone in the family.

The family remains a basic place where we feel ourselves loved, accepted, appreciated and it plays a vital role in each one's life. All love to be with the family especially for the celebrations the Christmas. It is always a celebration of family. In the Crib there are Joseph, Mary and the babe Jesus the perfect Holy Family of Jesus .The Almighty Son of God could have chosen to come down on earth with a multitude of Angels. But he chose to be born weak and fragile like any one of us in the Holy Family of Nazareth. Since the Son of God has born in the family naturally the family becomes the dwelling place of God. Family is the Crib where Jesus is born. The entire family gets together to prepare sweets, goodies and distribute them among friends and neighbours. The house is decorated with the a Star and coloured papers of the decoration on the Christmas tree, setting up a Crib with excitement, Santa Clause Gifts, singing and the delicious meal. The midnight Mass, the Crib with the infant Jesus, Mary and Joseph in the stable gives to the feast a sense of mystery and wonder. On this day Children are so happy with their new clothes and gifts. The family radiates the spirit of pure joy. Family Christmas celebration is really a wonderful event and a memorable celebration.

However now things are not the same anymore. We hardly see the church choir singing the Carols at the doorstep of the each house. Christmas dances has moved to resort. The spirit of Christmas has diminished a little. Some Christian families still try to keep the true meaning of Christmas alive through the acts of sharing ,caring ,love , peace and joy of Christ .This year let us make a difference in celebrating Christmas in our own families.

Fr. William Dcunha

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Shepherds Voice

Dear Parishioners,

Christmas is one of those few feast that is popular all over the world and is being celebrated with joy and happiness by people of all walks of life. Christmas celebration is something that we Christians await and we go through a lot of preparation. For the preparation of such a great event one takes into account all minute details in order to create a good impression in the minds of all who come to celebrate with us or pay a visit on the occasion.

Christmas celebrations is a time to come together as a family by decorating the entire house - inside and out - and shopping for friends and relatives. On this day the family members spend time in baking cookies, making a crib, hanging a star, making fudge and preparing a big Christmas dinner, with all the trimmings. The children love to see each other and spend the day playing games and sharing their new gifts and toys. It is very important to spend the Christmas day with one's family.

If we introspect our celebration of Christmas, what is it that we really celebrate? Is it my new clothes, news shoes, fabulous interior, gorgeous exterior decoration of my house, an expensive crib decoration, cookies and food, glitters and costly products etc. To have a celebration with a lasting impression and memories, I need to make myself anew, I need to renew myself as humble and simple child of God, otherwise it will just add another year to my Christmas celebration and I will await one more year to come. Christmas is joy, deep inner peace and solace, forgiving and forgetting the wrong doers, accepting my vulnerability, humbly doing ones

work without much recognition and appreciation etc.

Christmas is nothing but God Almighty taking the form of a tiny baby and is born in a human family. It is the birth of Jesus that we are celebrating. It is a gift of the Father to the world. We Celebrate life with gratitude and thanks giving. Certainly Christmas is also a time of giving and sharing with those around us, but that sharing is not limited only to those that we love and care for. It is also for the person that we have never met and will never see; those that are not as fortunate in their lives as we are, for Jesus says "when you give lunch or a dinner do not ask your friends, brothers, relations or rich neighbor But invite the poor, the crippled, the lame, the blind..." (Lk 4:12). So Christmas celebration, is unique and one of the rarest celebration because we are reminded year after year, of God's love for humanity that which has fallen. We are to transform ourselves and become poor for the poor, weak for the weakling and experience and take part in their celebration.

Heeding to our Holy Fathers concern for the environment, my celebrations for Christmas this year should be imbibe a concerned look for the environment and accordingly decorate my house, crib and exchange greetings without hurting my mother earth. Let us heed to the cry of our mother earth as she beckons us to prepare and preserve her for the coming generations.

Happy Christmas and a Prosperous New Year 2020

Fr. Reginald Mascarenhas
Parish Priest

The Wonder Of God To Ponder Upon

I am amused at the way God's plan unfolds at times especially because with our limited human imagination and understanding we are sometimes left awestruck. Just imagine that the Trinity in their emergency meeting to decide upon the matter of salvation of humankind could have immediately resolved the issue in a moment of seconds for that is possible by an all powerful God. However God in His infinite wisdom chooses to do otherwise. He sends His Son in our human history, to be born in our time inorder to redeem the human race.

At Christmas we celebrate this great mystery of the infinite and divine, all powerful God becoming one like us and living amidst us and sharing with us His life and love. It is a time to recall that Jesus the Son of God was indeed a little infant into the hands of the tender Mother Mary and this tiny babe of Bethlehem will remind us that "Unless you become like little children you will not enter the kingdom of heaven." He was born in a poor manger to remind us "Blessed are the poor in Spirit for theirs is the Kingdom of God. The Shepherds could behold his sight to remind us that "Blessed are the pure in Spirit for they will see God." A star guided the wise men to the original nativity scene and they presented the gifts to the greatest King.

Who knew what this child would be? A simple ordinary child was indeed to become a superman not in the sense of a superhero as in movies. But He was more than just any other ordinary person. A Super Man who in the flesh of a human person was indeed God. He would raise the weak, lift the broken hearted, heal the wounded, save the troubled and free the prisoners announcing that the Kingdom of God is come.

A man and a woman through the Holy Sacrament of matrimony join to one another to begin a new Family. Carrying the tiny infant as a gift from God and a fruit of their love, they see their own dreams coming true in and through the medium of this child. In the heart of every parent of a child lies a desire that my son or daughter also becomes the best in life. On the day of Baptism with great eagerness the parents accept the call of the priest who says "In His name I claim you for Christ."

At Christmas we celebrate God's descent into the human history in and through the Holy Family of Nazareth. Jesus lived for 30 years in the house of a carpenter and showed us the dignity of labour. With the advent of His public ministry Jesus could perform wonders and miracles but all of this happened after he had stayed and grown and was groomed into a human family reminding us that FAMILY is the heart of God.

The excitement to celebrate Christmas is good but do we really celebrate it with our families? Is there joy, peace, love and forgiveness in our relationships? Do we think of moving out and reaching out to someone in need during this Holy time? Do we see the smile of Jesus in every tiny little child and wonder "Wow Jesus you also were like this?" The first Christmas was in its most pure and sublime manner simple yet wonderful and it brought joy to many. May our celebration of Christmas also help us to bring joy and a smile, a cheer and laughter especially to those who have lost their meaning in life.

Fr. Jerry De Costa SAC

Have yourself a Merry little Christmas

Christmas is the biggest festival celebrated on the 25th of December, all over the world. It is celebrated to commemorate the birth of Jesus Christ. The Significance of Christmas is known to all people around the world. Though it is true that Christmas is celebrated as the day of the Birth of Christ into this world, yet it also symbolizes a very deeply significant truth of the spiritual life. Jesus Christ is the very personification of Divinity.

Christmas is all about love, family and children. It doesn't matter what we eat or what presents we get as long as the holidays are spent with loved ones. The 1st of December is my favorite day in the year because it marks the beginning of my Christmas. We all put the tree up together the weekend after. We play Christmas music in the background.

How many times have you thought as a child that tonight the Santa Claus will come and give gifts to you? Many times you may actually receive them although they are presents from your family. Such is the craze of Santa Claus and the gifts, Christmas trees associated with the festival of Christmas. It is a festival which attracts people of all faith towards it. Being one of those festivals which is widely celebrated all over the world, it is important for us to know about this festival we call Christmas. It does have a history to it along with some marked traditions which go along with it.

The holiday can be a hectic time of year for many, between shopping, cooking, travelling and partying. So how do you make the effort to spend time with relatives and family without running yourself ragged or offending family members? Christmas is considered as the best time for a family get together. Disconnecting from everyday stress and connecting with life is the main thing which people usually do during the festive season

A recent research shows that families who spend time together share a strong emotional

bond. Spending time with family reflects a sense of belongingness and enhanced communication. Spending quality time with your spouse builds intimacy, opens communication and strengthens your bond which in turn strengthens marriage.

Celebrating Christmas also means to create an atmosphere where every member of our family feels energetic and important and for that we need to know about their likes, dislikes, behavior, attitude and provide them an atmosphere where they feel loved and wanted. However it is not always possible to make the family member happy with materialistic items, therefore it is of utmost importance to know about each other in a perfect way.

Below are some ways to spend quality time with Family:

- * Organize a secret Santa
- * Introduce a "Phone off" policy for a day
- * Swap Gifts
- * Have meals together
- * Watch a movie together
- * Share old memories

It is time for you to start your get-together planning and finalize a family meet for creating memories and enjoying Christmas as well as New year in a way you have always been waiting for. Remember it is still not too late to create memories this year.

Once you start these family activities then you will always crave for more and more in the coming years. But in-case your family is too big and across other countries then it is hard to get all together but you can plan with whoever is around. For the ones overseas you can always call, or text, send e-cards or video calling.

Wishing everyone a happy Christmas!

Tracy Dsouza

Every Day is Christmas!

Gone are the days when I'd wake up at the cock's crow, and hear the birds chirping. Today I get up to the sound of the alarm clock, and scramble to see my whatsapp messages. I hurry to work like a horse on blinkers. In fact, I gobble up my breakfast even without knowing what it was. The funny part is, that it isn't just me, but everyone around me is running the hamster race too. No time to even say 'Bye' before leaving the house. Next, I drive through the traffic, honking, and bumping into vehicles and people. I drudge through my work, starting where I had left it yesterday. No time for lunch, and yet, at the receiving end of disapprovals and criticism. Somehow, I drag myself through the day and reach home totally exhausted.

It is now when I see my family around me at the dinner table that all my fatigue and worries fly away. I am filled with happiness and renewed energy. The meal may be simple, and the ambience quiet, but the love and care of my family makes the shining star rise within me, and fills me with happiness. I am once again new with the joy of Christ, and am ready to take on the world again. Christmas isn't just the 25th of December, but it is everday when we share our joys, and listen to the sorrows of others.

When we sit together to eat we share the days' burden,

We care for the other person,

We listen to the other one,

And we console the sad one.

We experience the birth of Jesus every day in our homes. And that reminds me of the words of the carol: "...Christmas comes just once a year, but in your heart you know for sure, Christmas isn't Christmas if it doesn't last forever!"

Judith Barth St. Sebastian Community



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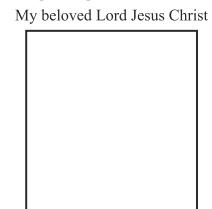








Thanksgiving Letter to Lord Jesus Christ On Christmas Day



Since it is your birth we are celebrating at Christmas it is but right that we offer You the best present before distributing gifts amongst ourselves. I have been wrecking my brain to think of a fitting birthday present to give You but searching through all my possessions, I can find nothing which is truly mine. All that I have are Your gifts to me. Hence I decided to write to You this thank You letter.

Lord, let me first thank You for creating me with my mind, my body, my soul, my talents, exactly as I am. Thank You Lord for the Faith you gave me at my birth to know You, to love You and to serve You, the Faith so precious to my ancestors and which has been to me all my life.

Thank You Lord for the two person You chose to be my parents; You could not have chosen better then these two disciplinarians to be my father and my mother! Thank You Lord for my grandparents, specially my grandmothers who were among the wisest people I have known in my life. Thank You for our large

family of many brothers and sisters; numerous uncles, aunts, cousins and other relatives which were like a close-knitted tribe.

Thank You Lord for the land of my birth, Goa and for my Goan culture. Goa then was serenely beautiful, air so fresh with deep stillness all around. The world was younger and the times were innocent. The people were simple with a deep faith in You. You were the Centre of their lives and as toddlers we were taught to love You. Thank You Lord for my youthful days in Goa where the simplicity and warmth of family, friends and neighbours made my life a celebration!

Thank You Lord for the husband that you chose for me out of the blue and realized my childhood dream of going to Africa. Thank You for looking after me as I sailed to this distant Continent, far from family and friends, as a young bride to marry the man I hardly knew. Since You had chosen him, he proved to be the best husband.

Lord, thank You for the happy times in Kenya where all my four children were born. Sixteen wonderful years in this beautiful country were like the Paradise! However, You knew that such a comfortable life was not good for me. Slowly my prayer time would decrease and my leanings towards materialism would increase.

Lord, thank you for Your wisdom to take us back to India. You know Lord that it was never our intention to settle in Bombay, now Mumbai but who can resist You? It had to be Bombay and never mind what I then thought of Bombay as a dreadful, filthy city full of beggars! Lord, after Goa and Kenya,

to start life anew in Mumbai was a very painful experience.

Lord, thank You for Your choice of Bombay for me. Over many storms and difficulties I have sailed and are still sailing through with Your help. Bombay was your "PROMISED LAND" for me where I made my spiritual discovery that You alone are our PERFECT HAPPINESS. Life with You by our side can be joyful amidst our trials and tribulations!

Every year the world celebrates Christmas on 25th December. However, You know Lord that Christmas for me is every day. I cannot live without You for a single moment. *You are my Joy, my Peace, my Love-YOUARE MYALL!*

HAPPY BIRTHDAY LORD JESUS CHRIST! — may all nations know You and love You. Help me to continue to be faithful to You until the day of my death when I shall experience the ecstatic joy of seeing You face to face. Till then I offer You all my love.

Your affectionate child, **Maria E. Fernandes** St. Joseph Community

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Just do it

She asked me what I would like to have. I said "Soup "at once. She hurried hastily while I got engrossed in passing time. As the soup did not appear, I made my way to kitchen. I thought I'll tell her I don't need it anymore. With presumptions running in my mind I went to check on. She wasn't there. All the more. What! Forgot about it? Just as was about to move, I saw her shadow in the out kitchen. As if my heart was pierced with an arrow I could feel an excruciating pain. Tears began to roll down... To make me happy and content my mom was preparing soup for me on the fire as gas had run out. It was the best soup I ever had. Made with the fire of LOVE, smoke of CONCERN, tears of SACRIFICE, warmth of CARE, sweat of PATIENCE and breath of GENEROSITY.

She sang no carols, hung no socks over the bed, but through her 'being' and 'doing' taught us children the meaning of Christmas that "Christ was Love". From the above incident and many other experiences of life through different people be it my family or extended family, I learnt, the message of celebrating Christmas: "Loving others."

"Christmas is the season of joy, of gift-giving, and bonding. Gifts of time and love are the basic ingredients of a truly joyful Christmas." We should be able to welcome Jesus not in cold hearts but heart full of love and heart so warm with availability for one another. While it may be easy and willing to do this for someone we care; it takes a willing heart to do it for someone whom we are not related. To people who differ from us in our thoughts, looks, and character. In this life cycle we all need each other. We receive from others, we give to others. I need you, you need me, and we belong to each other.

There will be broken dreams, broken promises, broken relationships, lonely seasons, sickness, hurt, let us keep it aside and take an effort to make someone less sad, to cheer and appreciate, to encourage, using words that does not belittle the other. It may cost us our time, effort, energy BUT...let's JUST DO IT anyway! Let us warm someone's heart this Christmas with our soul's soup. Happy Christmas everyone!

Sr. Margrette Gracias Sisters Adorers

A Familial Christmas

Preparation for Christmas in the yesteryears started with the tidying of the house and making of sweets. Everyone was involved in the Christmas preparations, even children. The crib and the star too was handmade. Nothing was bought from outside except the groceries. Families went together for Mass and then had their meals together. The spiritual element was there in abundance at every Christmas. Before Christmas or any feast there would be long queues at the confessional. Parents reprimanded their children by saying "Cleanse your hearts-Jesus is coming. Don't fight and don't gossip. It was a time when parents ensured that their children made their confession.

The sexagenarians and octogenarians have one thing in common to say about Christmas and other festivals then. "There was a lot of togetherness". With the breaking up of the joint family system and the forming of nuclear families — this togetherness is lost. Each family member has their own agenda. Everybody today seems to be in a hurry. No one has any time for the other. WhatsApps

greetings and other social media apps have replaced personal touch.

The true meaning of Christmas often gets lost in the rush of the season: the shopping, the parties, the baking, and the wrapping of gifts. But the essence of the season is the greatest gift of all time – God gave us Jesus Christ His only Son. Let us experience and amplify the wonder of Christmas through the traditions.

- The Advent Wreath, lighting of the candles with Advent Bible reading and reflections. This will help us grow closer as a family while also keeping Jesus at the centre of our household.
- Involve all the family members in preparing for Christmas – the decorations (Nativity scene and the star), the goodies and meals.
- Forgive and forget. Settle your disputes in the family and neighbourhood.
- Have the Christmas lunch together as a family. Later on make it a practice to have at least one meal together with the TV and mobiles switched off.
- Christmas is a time of giving and sharing with those around us, but it should not be limited to those we love and care for. Our domestic help is so used to receiving hand-me-downs and left over meals. This Christmas let us give them a day off from their chores and invite them into our homes and into our hearts.
- Visit a home bound in your neighbourhood.

Keep an eye open for those things that look enticing and fun – they may end up being part of your family tradition.

The message of Christmas by the herald angels "Peace on earth, Goodwill to men"

World peace begins to breakdown in homes. We have to learn to live in peace in our homes and our neighbourhood. It is possible that our children, our spouses, our parents do not hunger for bread, do not need clothes, do not lack a house. But are we equally sure that none of them feels alone, abandoned, neglected, needing some affection?

Where does love begin in our homes? When does it begin?

Maria Pinheiro St. Jude community

A Shining Hope

Christian life is a life of Hope. Hope to a hopeless world. Hope where there is a weary heart to be consoled. Sunday school took the aspect of hope to the Home for the abandoned aged called *Isha Prema*. 'Isha Prema' is a humble, warm and welcoming home located at *Bhonvta Vaddo* in Assagao, Goa. It is managed by the order of Isha Prema Vinamra Sevika sisters. It is an abode for abandoned and lonely aged men and women. With age comes helplessness and with that comes the need to be cared for. The Isha Prema sisters are those heavenly angels who care for these beautiful and weary souls.

In the month of September, we met Sr.Sheila who showed us around. *Isha Prema* means God's love. It's a challenge to make the abandoned feel God's love for them. However, standing tall in the face of this challenge are the sisters of *Isha Prema* who toil hard to make the aged feel comfortable and ease their pain. The word 'pain' does not come close to the agony that the aged feel. Old age has sunk

in with the reality that they are weak and dependent. Loneliness has gripped them with depressing thoughts, and yet among them, there is a 95 year old who entertains all those who come to visit with her sensational voice.

It is inspiring to see them smile with toothless mouths that would put Mona Lisa to shame. They appreciate the joys that come from the visits made by other people. For a while they get to immerse themselves in the feeling of being wanted and acknowledged. The sisters who look after them are themselves old. Sr.Sheilatai as she is fondly known celebrated her 60th birthday recently. Yet, without a hint of regret and with a heart filled with loads of love and patience, they serve. They accept those who have no one to care for them, no family or are in a dire state of being. Abandonment of the old is the disease of the modern age, a live glimpse of it was seen at Isha Prema. Some shared that their families never visit them. One resident even said that the last visit of any family member was about 5 years ago.

During the nativity of our lady's novenas, our parish collected articles that would be useful as our humble offerings for them. Bed sheets, adult diapers, bandages, cotton, Dettol, soaps, towels etc. along with cash were donated by the generous parishioners of St. Vincent Pallotti. These articles were handed to the sisters by us, the Sunday school teachers. We learned firsthand of their life situation and have returned from there with deep lessons for life. Some of these are:

1) The aged are a treasure to be cared for tenderly. Ashrams are not the place for them. Our parents take care of us when we are young and so, we must also sacrifice to take care of them and yet, *Isha Prema* is a

- beautiful building which has been made into a comfortable home for these abandoned old men and women.
- 2) They live like a family, caring and sharing for each other. Even fighting with each other and coming back together to live as one. Just as regular families do. Sr. Sheila says, "Fights are good for a long and healthy relationship."
- 3) They stand by each other, for in each other they find companionship. In the end, those who are with you in your old age become your family. They remain with you till the last breath.

A heartfelt gratitude is to be given to the parishioners who donated towards this cause. The sisters and the residents of *Isha Prema* are grateful and have promised to keep all the donors in their prayers. It was a wonderful experience, a life lesson and a great realization that life is a journey filled with the wisdom of the old ones that have gone before us.

Christmas comes but once a year and when it comes it brings good cheer.

Merry Christmas to all.

Jennifer Fenandes, Malitha Periera and Ida Quadros

Sunday School Catechists.

"It is Christmas
every time
you let
God love
others through you"

St. Mother Teresa









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It's Christmas Time

Although the modern celebration of religious holidays has altered over the years, my family has managed to preserve the most sacred traditions of Christmas holidays. We must say that each family we know celebrates Christmas in a similar way. However, the Christmas mood and holiday atmosphere are unique and special in every family. Christmas bears a great importance to me and my family. My mother would tell me, it was the first holiday that I celebrated as a child as I was born few months before Christmas. So we have lots of pleasant memories connected with Christmas celebration – shopping before Christmas time, buying and decorating a Christmas tree, preparing to attend Christmas midnight Eucharistic service to celebrate the Birth of Jesus our Lord and share our joy with other people around.

Our Christmas mood is visible long before 25th December. We see shops on the streets and houses decorated with Christmas lights, hear Christmas music everywhere, we are just shining from the inside out, breathing in this special Christmas Spirit, and want to make the best preparations for Christmas. Well, this day marks the true beginning of Christmas time for me and my family.

What is really special about Christmas preparation in my family is that we as a family come together to put up the Christmas tree and decorating the house, we meticulously choose the decorations, switch on some Christmas music in the background, make some delicious food for everyone in the house and delve into the atmosphere of Christmas. Bringing evergreens into the house during this season actually predates the Christmas holidays. It was a way to bring

life into the house.

We always wait for this moment with anticipation, visiting closest relatives and exchanging presents and sweets as well. It is a great occasion to spend quality time together with relatives and friends. Sitting together we discuss our plan for the upcoming year. All in all, Christmas is a really a special time for me and my family and it is our favorite holiday since childhood. The most important thing is to spend it with our family. To sum up, Christmas is, "to give up one's very self — to think only of others — how to bring the greatest happiness to others." Jesus is the Reason for the Season! Rejoice!

Jerome Martis St. Patrick Community

"In switching on the light of the Nativity scene, we wish for the light of Christ to be in us. A Christmas without lights is not Christmas. Let there be light in the soul, in the heart; let there be forgiveness to others; let there be no hostilities, which are dark. Let there be the beautiful light of Jesus. This is my wish for all of you, when you turn on the light of the crib."

Pope Francis

Joy of Christmas In Our Family

Christmas is a joyous occasion. With the wonderful weather outside and festivity everywhere, it is perhaps the most wonderful time of the year. And if you happened to be in a Religious Family it becomes an altogether more important and indispensable part of your life and memories.

What comes to mind when we think of Christmas? Is it decorations, sweets, new clothes, celebrations, gifts? It is true, but much more than that, it is joy of Christmas that comes from within. Joy of a new born king, Jesus who is born for you and me, brings the joy of living in unity, in peace and in complete love of Christ in our family. By the birth of Jesus, a new and Holy Family was established in the city of Nazareth. It was a great occasion for Mary and Joseph to celebrate the Savior's Birth. Very often we forget the most important part of Christmas, the new born king! And the values of Christmas that is Love, Joy, Peace, Unity and Hope.

To share with you our Christmas experience in the family is a great privilege for us Navajyothians. Our family consists of members of different religion, different cultures, different languages yet we believe in the same love of Christ and love for one another. Our family of Sisters, formees and children from various states and cultures makes it a wholesome family. And it is a great joy to celebrate it in unison, the moments of laughter and gladness.

Celebration of Christmas becomes special when we come together in sharing our surprises. In the Adorer Family we begin our Christmas with the preparation of the crib and cleaning of the house for the Lord to enter our home. Along with the Sisters and candidates, children too put in their time and effort in making the Bethlehem more realistic and true.

Children feel happier to explore their talents and creativity in making a home for Baby Jesus. There is meaning in Christmas when one has experienced abandonment in life and then with new hope marks a new beginning in life.

We welcome the Lord in our home as well as in our heart. We send invites to our girls who formerly stayed with us and now are married and gone to their families and those who are staying with their relatives. For them Adorer's is their mother's Home they come with their children to celebrate the joy of Christmas even if they are of the other religion. Religion does not matter, what matters is the sharing of joy with the loved ones. It is really exciting to have all of us together share in celebration. We enjoy games, carols, delicious sweets and food. We also extend our joy with the sisters in the neighboring community and to the people who visit us.

Christmas becomes truly real and complete when we bring joy and comfort to the children who are genuinely struggling. We feel the incarnation of Jesus in our family as we give a home to the one who is homeless with love and a future with hope.

Sr. Lincy Mathew Sisters Adorers

Lost Christmas

"Christmas comes but once a year and when it comes it brings good cheer".

These words from a movie "Christmas comes but once a year" released in 1936 have the power to lift up our spirits. It refers to the generosity and goodwill that the Christmas season is all about. The air around us is filled with the aroma of Kuswar coupled with Jim Reeves on the CD drive and the shining tinsel embellishing the Christmas tree. New clothes adorn the tenement and best of wines flow to mark the festivity.

Amidst all this fun and frolic are those who mourn their beloved departed. A visit to their homes would give the sense that someone actually died here. The eerie silence, the low voiced conversations and lackluster decor of the house intones a mournful song of their heart. They miss the dearly departed soul that once walked about in the same space they shared. Memories of that person haunt them, they remember Christmases that have passed. The joy they shared. The kind things they did. The moments they cherished together.

Mourning is a natural response to the severed bond that existed. Bereavement refers to the state of loss and grief is the reaction to that loss. Although conventionally grief focused on the emotional response to loss, it also has physical, cognitive, behavioural, social, cultural, spiritual and philosophical dimensions. The one undergoing the process of grief is in unfathomable pain.

It is in moments like these that one needs a support group, a friend and a confidant. A visit from neighbours an outing or a distraction of some sort goes a long way to help cope with grief.

'Blessed are those who mourn, for they shall be comforted' says Jesus. Mt 5:4

This Christmas let us be sensitive to those grieving around us. As Christmas is not as much about opening our presents as it is about opening our hearts. Here are some ways of bringing joy to the grieving families:

- Visit a bereaved family
- Invite them to share a meal with you.
- Carry a goody bag of *kuswar* to them.
- Spend time in a happy chat. Share happy memories of the departed one.
- Give a card with a note about the loved one and all his/her good qualities.

- Share a drink, then raise a toast to the loved one.
- If a visit is not possible then send flowers to the family or visit the grave and leave some flowers on it.
- Donate in the name of the loved one to a charity near you. It will make the family feel elated and will also bring joy to some other needy person.
- Gift a Bible. The book of great love, hope and comfort.

An act of kindness goes a long way in cheering up a grieving soul. For Jesus says "Whatsoever you do to the least of my brothers you do unto me" Mt 25: 40

"It is Christmas in the heart that puts Christmas in the air" W.T Ellis

Come let us spread the Christmas cheer. After all it's the most wonderful time of the year.

Let us not be part of the INN crowd but rather be the STABLE few. Let Jesus be truly born in our hearts this Christmas.

Blessy RebelloAve Maria Community

Tribute to Mr. Anthony (Death 08.11.2018)

Our Pioneer President of SSVP in our Parish

"Journey of thousand miles begin with a first step..." and that is what our Mr. Anthony Francis did in 2003 when he along with Mrs. Maggie (co-founder), Mrs. Mabel, Mrs. Eliza first started SSVP Conference in our Parish. Since then he has been a Father figure not only to me personally but also for our SSVP Conference of St. Vincent Pallotti.

His perseverance, dedication, humility, compassion, service and kindness was palpable and he continued tirelessly in the charitable works of SSVP. He brought about peace and harmony in solving many issues. He was also the Chairman of Shanti Bhavan, Kalyan (a project of SSVP) – Home for the sick and the aged and was in the process of installing a lift in the building for the benefit of the sick and aged residents.

I have been fortunate to have Bro Anthony supported me during my Presidential term and he was instrumental in having our Youth SSVP set up in our parish in 2016 for the first time amongst all the 13 parishes in Andheri Deanery. He was also President of Lions Club, Marol and Trustee of other Public Trusts through which our Conference benefited with various charitable activities.

Bro Anthony has carved his name not only in our hearts; but also in the hearts all the

adopted families of our parish. The best tribute, we at SSVP, can give, is to continue the good works imitated by Mr. Anthony as one of the Pioneers, which will most certainly give him the greatest joy up above.

With profound expression, we acknowledge the love and life of Bro Anthony Francis, our First President and one of the Pioneers of SSVP Conference in our Parish; as we embrace and remember the exemplary life of a True Vincentian...

Eugene Das SSVP

"Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most."

Ruth Carter Stapleton



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Living Christmas in my Family

"The best gift around the Christmas tree is the presence of Family wrapped in Love"

Christmas is the most awaited day and the season for most of us because we commemorate the birth of Jesus Christ. All throughout the Christmas season, you'll find that people are busy attending church services, preparing sweets, buying new clothes, buying and wrapping gifts, and cleaning and decorating their homes. We do all of this because it helps us engage with our loved ones and bond with them. After all, we are always taught that Christmas is the season of love, joy and giving.

All of this bonding and sharing with our friends and family makes this time cheerful and fun. Expressing our happiness, we use fancy decorations for our homes and even our localities. To get ourselves in the festive spirit, we even attend many events and parties. Christmas traditions like making sweets and singing carols have been with us since childhood and we pass them down to our children.

As Christmas approaches, we become hurried and frazzled: there are gifts to buy, events to go and an unremitting pressure to get everything just right. By the time Christmas arrives we are left feeling drained.

Clichéd as though it sounds, we tend to lose sight of the real meaning of Christmas. The true meaning of Christmas is that Christ was born to us-Our saviour came down to live among us, and eventually died for us on a cross. Christmas is the promise of God that He is waiting to usher in heaven to every manger on earth.

A few years ago our family decided to slow down during the Advent season by committing to fewer events and letting go of certain festive expectations. Making this decision felt good and it gave our family time to truly enjoy Christmas together. It helped us let go of the material aspects of the festival and make more room for the spiritual aspects.

Christmas celebrations are a joy for our family when we celebrate with friends and neighbours. But celebrating with those who are less fortunate helps us stay true to the Christmas spirit. Sharing the joy of Christmas with them, we distribute new clothes, groceries, cakes and blankets for 40-50 families in rural areas. And it's not just us. Several other families have gotten involved, and have multiplied the cheer and happiness!

This is my prayer for Christmas. Heavenly father, we thank you for your great love that has saved us. You have seen the misery of sin and death that burdened humankind and you reached out with compassion. Lord we open our hearts and pray that your great compassion may be poured into us that we may reach out as you did to us.

Lord Jesus, you treasured the Father's will and you emptied yourself without counting the cost and humiliation, the pain and rejection you must face. You won for all of humankind life and salvation. Lord we pray walk with us and lead us to love and save people who come into our lives. May the gift of your love and presence fill our hearts and homes and this world that this Christmas may bring the glorious light of heaven into this broken world Amen.

Lucy Rego

St. Teresa of Calcutta Community

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Living Christmas in my Family

Christmas is the season for uniting, sharing gifts and celebrating with family, friends and community. Recorded history mentions about the first Christmas in 336 AD. The winter season gives it a festive atmosphere as also it is a holiday season and thus Christmas has become a universal feast celebrated by all and not just by Christians.

Christmas season is followed by Advent – a season for waiting and preparing to commemorate the birth of Jesus as well as His Second Coming. This is the time to prepare our souls reflecting upon the way we live our lives and change ourselves to be acceptable and to be received by Jesus when He comes again. The elders have raised up families by making a lot of sacrifices for their children. Most of the time, building up a family comes with struggle, sacrifice and pain. This phase and the journey give the essence of happiness in the family. As the children grow in life – age, schooling, jobs or business, married life along with their children or the parents who have now grown old being taken care by their children who assure them that their legacy is continued, brings in the goodness in life.

Joseph and Mary along with Jesus journeyed with anxiety due to Herods command to kill all children and they travelled around 700 kilometers to Egypt. Jesus lived an ordinary family life along with his parents - working with them and learning from them. His parents also experienced pain when he was lost as a child in the temple.

Family means having someone to love you unconditionally in spite of your shortcomings. There is total openness to accept all and it makes everyone comfortable with each other. With our achievements as well as failures, it is the family we long to share with. Christmas is the time for coming together particularly when the family members are living away for reasons of studies, job or migration.

There could be families who have burdened themselves when they have not kept good relationship among themselves. Christmas is the season for reconciliation. The very purpose of Jesus coming to the world was to forgive our sins so also we should forgive each other and move on in life. Christmas invites us to let go of small differences among us. May this Christmas season bring joy, peace, hope and unity among our family members, friends and community.

Richard Cornelio (IRD)

Living Christmas in my Family

Christmas is my favorite time of the year – not because the weather is beautiful, but because Christmas is a season of celebration and love: Celebrating the love of God and family. Every year I look forward to the Christmas tree, the crib, the decorations, the sweets, the Christmas Carols and other such Christmas specials.

For me, Christmas is always a sacred time for family. It is so easy to take family for granted. With time off from work, there is no better time to capitalize on spending that time wisely. There are so many great traditions that we all take part in, but our favorite ones are the ones that just our family does together. Whether it is making delicious snacks together, just going out as a family and banning all distractions, driving around town to see Christmas lights, sitting in the living room with

all the lights turned off except those on the Christmas tree, lighting some candles and singing our favorite songs as family; we spend this day together.

Mom loves to cook up everyone's favorite dishes and one of my personal favourites is to click one family picture near the Christmas tree with everyone in it on Christmas day. So that we can always go back in time and relive that moment spent with our loved ones. Life is all about creating lasting memories, isn't it? Trust me, in a few years, when you have a stack of treasured photos tracing your family's holidays, you'll be thankful you kept up with this tradition.

So, Christmas is all about remembering our faith, focusing on our family, and serving others. It is about the time spent together with loved ones. It is about gifts that come from the heart, and it is about the thousands of years of tradition that mark the holiday season.

May the comfort of family, closeness of friends and the goodness of your hearts, renew your spirits this festive season.

Merry Christmas to all families!

Prisca Vaniyapilly St. Patrick Community

"Christmas is forever, not for just one day. For loving, sharing, giving, are not to put away."

Norman Wesley Brooks

They too are Children of God!



We have just finished celebrating the Children's Day and are now preparing to celebrate the birth of our Lord Jesus Christ. Oh! how we love little children. They are "so sweet," "so cute", "so naughty", "so lovable" and thus the exclamations go on and on.

There is this one section of children crying out "Love Me Most, when I deserve it least."

We meet these children in our homes, in school, in the neighbourhood, in the slums, in institutions and in the Remand Homes... We call them "terrible", "rascals", "liars", "cheats", "thieves"... often they are not small and chubby and cute. They are children who are confused, disappointed, discouraged. They are survivors of an environment where abusephysical, verbal or even sexual abound. They seek role models to pattern their lives upon. They cry out for love, attention and encouragement. If they can't get it when they behave "good", they will grab your attention by being "bad."

What would you do if you caught a youth stealing your mobile phone or your purse?

I learnt from a domestic worker that when her savings was missing from her house and she found out that the person who had stolen it was a 12 year old boy from her neighbourhood; she did not pick a fight with the family or the boy, but reasoned with the child and got him to return what was left of it. She was a community leader of the women's group in that slum. Through her example she was encouraging the other women to be vigilant yet empathetic to the youth and the children in their own families and in the community, knowing well that these young people had poor role models and could take to wrong ways to meet their dreams and aspirations.

Jesus said "let the little Children to come to me, for theirs is the Kingdom of Heaven". Can we do our bit to help these children experience Jesus and His Kingdom? Supporting a child's education or a youth in their vocational training, tutoring children/youth who are academically weak and liable to drop out of the education system, words of appreciation and encouragement for all children especially those trying our patience, engaging with children/youth in our family and also those who are disadvantaged (maybe your domestic helps children) are some of the many ways we help these young people experience LOVE.

The Church as an institution has always reached out. Kudos to the free tuition class teachers, members of the SVP and Legion Mary and other associations of our Parish who have been giving their service and time with so much love and commitment. Let us as a Believing Community, pledge on this festive season to recognise and reach out to those children who are crying out "Love me most, when I deserve it least."

Caroline D'Souza St. Joseph Community

Lectors Training Session

The Vinpal Parish Liturgy Team organized a Lectors training session for Daily / Weekend / Community lectors / Parish Councilors /Animators/ Heads of Associations& Cells and their members as well as to those who are interested in joining lector's ministry, on 10th November 2019 from 10.30 am to 12:00 noon in the church. This session was conducted by our own Spiritual Director Fr. Jerry De Costa. The session was attended by 103 participants and many benefitted from it.

Fr. Jerry started the session by reminding everyone about the importance of being a Lector which involves not just reading the Word of God, but **proclaiming** the '*Word of God'* to the congregation. Therefore it is very important for a lector that he/she understands the context of the reading well before he/she can proclaim to the congregation. The 1st Reading which is mostly taken from Old Testament and quite often we as readers, do not understand the background of the reading.

Fr. Jerry very clearly explained the Chronological order, the history of the entire Old Testament and its connection with the New Testament, the time period of the various books of the Old Testament, the history of the two kingdoms of Israel and Judah and the period of exile and the wars they fought, exiles they endured. This helped us to understand the context of the reading and the Psalms.

Fr. Jerry conducted this session based on his own experience as a young boy, how he grappled to put together the various stories especially of the Old Testament and always was under the illusion that the Bible is a Book of various stories without really understanding its link. But later during his Theological studies, he learnt more deeply that Bible is a one continuous story of God's Word to all of us. Hence, understanding God's Word is very important as through this, God speaks to us.

I personally liked the session and had a deeper understanding of the Old Testament and the flow of the readings. Through the session, I felt that I knew little, but for sure, now I know a little more. A big thank you to the Parish Liturgy Team for organizing the training session and to Fr. Jerry for sharing his knowledge with all of us. Looking forward to have more of such sessions.

Eileen Lobo

Lectors Ministry

Western Region SCC Convention Report

The Western Region SCC Convention was hosted by the Vasai Diocese at St. Gonsalo Gracia College from 27th to 30th October, 2019. The volunteers warmly welcomed us at the Vasai station and guided us to the venue. At the venue pendals were neatly erected and the hall was beautifully decorated with flags of each diocese below the altar. Each one was given a bag at the time of registration. The programme was well organised and the sequence of events too.

The convention started off with the Bible enthronement followed by Holy Mass. There after the 12 diocese which had gathered together put up a cultural extravaganza with rich traditional folk dance, singing and skits in their colourful attire. Though people came from diverse cultures we felt unity among us and truly experienced the love of Christ among us. After the programme was over, we were taken to our host parishes where the families

were eagerly waiting to take us to their homes. We then prayed the rosary together and shared our experience with the families had dinner and wound up for the day.

On Day 2 we reflected on biblical theological, spiritual, social & pastoral aspects of SCC's. People from different regions shared their testimonies as to how SCC's have grown in their respective communities. Joining with our holy father Pope Francis we decided let our motto be *I AM A MISSION. THE SCC IS A MISSION. THE CHURCH IS A MISSION.*

On the third day of the convention, the Diocesan SCC day was celebrated by all the villages and communities of Vasai, where we spent the entire day in communities, in the parishes we were assigned to. My host parish was the Mother of God parish, Palle. The warm welcome with a rose by the parishioners and the host families the solemn procession for the eucharistic celebration and the holy eucharist celebration by Archbishop Elias Gonsalves of Nagpur was indeed a grand and memorable experience. In the programme that followed the host families shared their church history and the SCC methodology they followed. The sumptuous lunch with the PPC members and the Parish Animating team was a great way of further bonding. The same evening, we visited families along with the SCC coordinators where we were indeed very warmly welcomed by each family had a little bit of sharing and quality time to get to know them better. The Vasaikar's love and affection was very visible and contagious. The evening ended up with the youth and children putting up an incredible gospel musical evening where different bands performed.

On day 4 we said adios to the host families and headed straight to the venue with our baggage. After arrival we kept our luggage in the place allotted and went to the convention hall and began praise and worship. Then the different methods of evangelization through SCCs was explained by Fr. Paneerselvan, SCC in the Indian context was well explained by Bishop Alwyn D'silva. Thereafter we had the Holy Eucharist. The main celebrant was Cardinal Oswarld Gracias and the commissioning after the holy communion with convention candles and flags. The programme ended with the valedictory function, reading the convention message, word of appreciation and vote of thanks.

The SCC convention was a great success but what was the highlight was the true spirit of community living that we experienced with the people of Vasai. Their love, warmth and hospitality will be remembered for a lifetime. I would take this opportunity to thank all the priests, religious and lay collaborators who have worked tirelessly behind organising this event; a big THANK YOU. It has indeed been a very enlightening and enriching experience in my personal spiritual journey.

Ms. Ronet Rodrigues St. Peter Zone

The Value of Prayer

We all have been taught to pray from our childhood. We come to church every Sunday and some of us have a daily family rosary or a short prayer at home. We think these few minutes of prayer is all we can spare for God as we have so many other important jobs to do. Actually, we think we are doing God a great service by praying. God does not need our prayers; it is we who benefit when we pray.

We think that prayer is old fashioned in our modern world. It is meant for old people who have nothing better to do. We are too tired to pray after a hard day's work. We have to watch T.V. and we need other entertainment. We have guests to attend to. What will our friends think – we will be the laughing stock if they know that there is so much to pray for in our family. We can think of 101 excuses to put off prayer in the house.

We must pray only when we need something or when we are sick and stop as soon

as these favours are obtained. Actually, our prayer is a long list of favours we expect to receive from God in a given time.

It is only because He is a loving God, full of mercy and compassion that He can tolerate us for the way we accept all His gifts and treat Him with complete disregard. And we still think we are good Christians.

Prayer is not to be recited at a fixed time of the day. Prayer is all the time. We can pray whilst travelling to and fro from our work place. We can pray at bus queues. We can even pray whilst eating. We can pray all the time. Think of the goodness of the Lord all the time. Thank Him for all that He has done for us. Think of the Lord in all the beauty and splendour of His creation. There is no need to recite long prayers, but what is needed is constant uplifting of our hearts to His greatness, to His love. We need His strength all the time for we are so weak in our failings. Call on the Lord in times of temptations for we are sorely tried by our body and by the evil which is in us and in the world.

We take refuge in times of stress in drinks and other vices. Why not call on the Lord in distressing times? He alone can give us the peace we need in our turmoil.

Prayer and prayer alone can bring a change in us. Constant prayer can transform us so that our neighbours can see the difference in us, see Christ in us. A Christian is not what is projected by the Hindi Cinema – a drunkard, a moll, a good for nothing. A Christian is and should be different – say like Mother Theresa. A person you look for a model, a person of character, a person of integrity, a person who is prepared to die rather than sin.

It is the prayer which makes our soul sensitive. We see that we are nothing. We realize that what we are and all that we have is gifted by God. Possessions do not interest us. We become better persons. We feel for others in their trouble. We do not criticise people knowing our own weakness. In all we totally depend on God. We think that the Lord is our Shepherd and we need Him every moment of our life.

Prayer is the only weapon we have by which we can bend the will of Almighty God to our own so that we reflect in us His image, His perfection.

Maria E. Fernandes. St. Joseph's Zone.

The Vinpal Diary

BORN IN CHRIST

11-08-2019	Aria Mathias	18/A/105 Zenith, Bhawani Nagar
08-09-2019	Jerard Britto	Santacruz
22-09-2019	Zia Fernandes	D-603 Marol Hill View
29-09-2019	Emmilia Fernandes	A2, C-19 Panchavati CHS
06-10-2019	Asher Chettiar	B/16 Marol Mayur Apts.
13-10-2019	Kaira Coutinho	502 Mira Apts.
27-10-2019	D. Sherlen	Unit 22, Aarey Milk Colony
01-12-2019	Zayden Dsilva	12/1/2 Bhawani Nagar

REST IN CHRIST

28-07-2019	Godwin Naik	Pump House, Goregaon
30-07-2019	Congita Fernandes	5/21 Blossom CHS
26-08-2019	Edward Texeira	4/16 Blossom CHS
11-09-2019	Anthony Srambikal	D-203 Marol Hill View
22-09-2019	Isabella Fernandes	A3/11 Vijaynagar
28-10-2019	Victor Pereira	LT-8/22 Vijaynagar
13-11-2019	Gilbert D'Souza	6 Raj Apts., Military Road



JOINED IN CHRIST

11-08-2019	Milan Kumar Dey & Nilma D'Silva
26-10-2019	Colin Pereira & Flavia Fernandes
09-11-2019	Avinash Dias & Leane Fernandes
17-11-2019	Amalraj & Jayarakkini
23-11-2019	Nigel Rebeiro & Megan Carter
30-11-2019	Rohan Gonsalves & Donna Gois

SNAPSHOTS

SNAPSHUIS	
28-07-2019	The youth of the parish organized 'Parents Day' to celebrate our parents
	and all they do for us. The programme was enjoyed by all parents
	present.
04-08-2019	The parish specially prayed for priests at the liturgy. Communities and associations
	also celebrated with the priests in our parish.
15-08-2019	The National Flag was hoisted and the National Anthem was sung with respect after
	the 8am mass. The Civic & Political Cell of the parish felicitated the students who
	excelled in the various board examinations.
30 Aug –	Sunday School catechists and children conducted the Nativity Novena to our
-	Blessed Mother

8 Sept 2019 Mary on the theme – "Celebrating Mary". The Feast Day Mass was celebrated as 'Day of the Girl Child'. It was a solemn and prayerful time for the parish community. After the Eucharist, the birthday song was sung by the choir and a cake was cut by the girl child of different generations. 02-09-2019 The Bible Cell of the parish organized a half-day recollection titled 'Exodus: A *Journey of Salvation'* for parishioners. 05-09-2019 The parish community specially prayed for the teachers in our parish at the morning and evening mass. The youth felicitated the teachers in the parish with a token of appreciation. The communities of the parish also felicitated teachers of all faith in their area. A few of the Std. X catechism and Confirmation students had a small fellowship for the catechism teachers of the parish. 29-09-2019 Sunday School catechists and children specially prayed for our grandparents at the 9.15am mass which was followed by a special fun morning of games, photographs and cultural entertainment organized by them for our dear grandparents. The grandchildren came along with their grandparents for the programme. It was a special bonding time for them. The statues of our Blessed Mother Mary were sent out to all communities in the 1-31 Oct parish. A time for praying the Rosary to our Blessed Mother together with our family, friends and neighbours, invoking blessings from our Heavenly Mother and fostering oneness in our communities. Communities and Associations of the parish set up food stalls and sold delicious 6, 13, 20 Oct food items after all masses to generate funds for our adopted Mission parish Immaculate Conception in Massat, Daman mission. 'Ignite' the annual competitive sports event of the parish was organized by the youth. 25-28 Oct The Conference of St. Vincent de Paul celebrated Doctors & Nurses Day with the 03-11-2019 doctors and nurses in our parish. 10-11-2019 Sunday School organized 'Bible Quiz' for the children. It was a successful event with a huge participation of 228 children from Std. 1 to Std. 10. 17-11-2019 Sunday School catechists organized telegames for the Sunday School children in celebration of Children's Day. 290 children had a fun, exciting and thrilling experience playing all the games. 24-11-2019 Christ the King feast was solemnly celebrated in the parish with community adoration throughout the day which concluded with a Eucharistic procession in the parish vicinity and the Eucharistic celebration. 01-12-2019 In honour of St. Cecilia the patroness of musicians whose feast falls on 22nd November, the choir celebrated Choir Day with a Recital from 6.45pm onwards in the church. It was a soulful musical evening worshipping our God. The melodious choir voices lifted the mood of the people inviting all

into the Christmas Spirit.

St. Vincent Pallotti Church Community Fund

S.NO.	Name of the	2018-19	15% to	Previous	Total Due
	community	Contribution	Communities	Bal	
1	Ave Maria	122800	18420	0	18420
2	St. Theresa of Kolkata	282600	42390	0	42390
3	Don Bosco	97200	14580	0	14580
4	Holy Family	130000	19500	0	19500
5	Infant Jesus	98300	14745	0	14745
6	Rose of Sharon	251300	37695	0	37695
7	Sacred Heart	132900	19935	0	19935
8	St. Michael	59141	8871	0	8871
9	St. Lawrence	79000	11850	12277	24127
10	St. Peter	199300	29895	9266	39161
11	St. Theresa	120500	18075	0	18075
12	St. Paul	135500	20325	0	20325
13	St. Francis Xavier	126300	18945	0	18945
14	St. Patrick	114250	17138	0	17138
15	St. Jude	165800	24870	0	24870
16	St. Anthony	245200	36780	0	36780
17	St. Stephen	216400	32460	0	32460
18	St. Bonaventure	299900	44985	0	44985
19	St. Ignatius of Loyala	212600	31890	29305	61195
20	St. Joseph	225000	33750	6646	40396
21	St. Thomas	3600	540	3931	4471
22	St. Mary	13540	2031	9449	11480
23	Poomeri	7860	1179	10275	11454
24	Velankanni	16300	2445	9446	11891
25	St. Sebastian	128800	19320	0	19320
	Total Rs.	3484091	522614	90595	613209

Expenditure: Medical Assistance – Rs.4,18,565

Education Aid - Rs.1,26,450 Community Activities - Rs.6,13,569

Prepared by Treasurer (S.V.P.C.C.F)

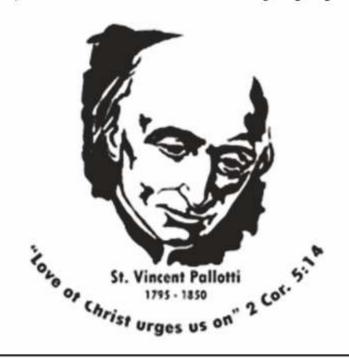
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Rev. Fr. Balraj J.S. - 8754360059